Remarkable Calcifications in Medullary Thyroid Carcinoma

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Various patterns of calcifications may be seen in thyroid cancers on ultrasonography (USG) of thyroid. Coarse calcifications seen in medullary thyroid carcinoma (MTC) are generally associated with posterior shadowing on thyroid ultrasound. We briefly report this case of MTC with an emphasis on its radiological features.

A 45-year-old post-menopausal female presented with a goiter (8 cm × 7 cm) of ten years duration. History was uneventful otherwise. Thyroid function tests were: free T3-2.20 pg/ml (ref. range: 1.71-3.71), free T4-1.18 ng/100ml (ref. range: 0.7-1.48) and TSH-1.42 µIU/ml (ref. range: 0.35-4.94) respectively. Subsequently, thyroid ultrasound revealed prominent calcifications and increased vascularity (Figure 1), (Figure 2). Computed Tomography (CT) scan of neck showed large (80 mm × 78 mm) well defined, calcified mass lesion in the left lobe of the thyroid (Figure 3). Fine needle aspiration biopsy (FNAB) confirmed evidence of MTC. A highly elevated calcitonin (20,000 pg/ml) (ref. range: < 5 pg/ml) was consistent with the diagnosis of MTC.

Figure 1. Thyroid ultrasound showing prominent multifocal calcifications in left lobe of thyroid gland.

Figure 2. Thyroid ultrasound showing impressive vascularity.

Figure 3. CT scan of neck showing well defined calcified mass lesion at left lobe of thyroid.
MTC may be associated with dense, irregular foci of calcifications which are in contrast with homogeneous calcifications of other thyroid tumors. MTC, first described by Hazard et al. in 1959, has become the focus of increasing clinical and experimental investigations. However, in thyroid carcinomas, ultrasonographic evidence of an abundance of calcifications may be rarely seen nowadays due to improved health awareness and earlier diagnosis. To conclude, in an asymptomatic patient with long standing goiter, coarse macrocalcifications in imaging findings should make the physician vigilant in ruling out MTC.

References