Strengthening collaboration on chemical hazards in food among food safety authorities and the World Health Organization in the Western Pacific Region

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The World Health Organization (WHO), together with the Food and Agriculture Organization of the United Nations (FAO) is leading the scientific risk assessment of food at the international level. Within this process, dietary exposure is the only input that is country or region specific since consumption patterns, food composition and food contamination differ in various parts of the world.

The food consumption of populations in the Western Pacific Region belong to two of the 13 WHO food consumption cluster diets (Clusters G & L), meaning that consumption patterns are relatively homogeneous within the region but significantly different from the rest of the world. Although there is wide consensus on risk analysis principles and methods, the challenge remains to obtain a strong commitment from individual countries to collect specific data to support the scientific evaluation. This is particularly true for the exposure assessment component of the risk assessment for chemical hazards in food, which are extremely data-driven and for which the need for collecting and sharing data is critical.

The objectives of this paper are to highlight the benefits of sharing information to Western Pacific Region Member States and to identify similarities at the regional level in terms of food safety issues and public health protection. In addition, it aims to propose an improved partnership among regional food safety authorities and WHO on targeted objectives.

During the last 10 to 20 years, the amount of data collected at the national level to measure various chemicals in food increased more in the Western Pacific Region than anywhere else in the world. This increase could be due to the increase of food trade (both import and export) and the strengthening of surveillance and monitoring plans in reaction to several food crises (e.g. acrylamide, melamine, di(2-ethylhexyl)phthalate). In the field of chemical hazards, controls were traditionally based on conformity checks: a yes/no response against the regulatory limit, meaning that the results could not be quantified. Now, with more accurate methods used for risk assessment, results can be quantified. Several countries in the Western Pacific Region are conducting Total Diet Studies (TDS) on a regular basis, in addition to monitoring individual commodities, to obtain a global indicator of the average level of chemicals in commonly consumed foods.

Similarly, many of the countries in the Western Pacific Region are conducting national food consumption surveys on individuals and implementing other monitoring of the population (e.g. body weight and other health parameters) to better characterize consumers and therefore to better protect them during the food standards setting and implementation process. However, the level of food monitoring is not homogeneous among countries and not all countries have the human and financial resources for implementing a full national system covering each component of the risk analysis process.

One of the main concerns is guaranteeing accurate data for each population and age group all around the world. Relying exclusively on per capita data may not always account for specific groups of consumers and in
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The Western Pacific Region is playing a leading role in GEMS/Food, with five WHO collaborating centres and eight national institutions participating in data collection. WHO has also developed, as a part of GEMS/Food, a web-based system called OPAL-web to facilitate the collection of food contamination data from TDS and other types of surveys under a unique format. This OPAL-web system should be expanded to include the collection of food consumption data and other physiological characteristics of consumer groups. Future developments should also facilitate accessibility to WHO data needed for risk assessment and emergency preparedness.

Consistent with the Western Pacific Regional Food Safety Strategy 2011–2015, all relevant institutions owning data and not yet participating in GEMS/Food or FOSCOLLAB are invited to join and to share data, information and scientific expertise in the field of dietary exposure assessment. It is also proposed to initiate networking activities between WHO and collaborating institutions in the Western Pacific Region instead of maintaining the traditional bilateral relationship among WHO and each of the national institutions (Figure 1).

Conflicts of interests

None declared.

Figure 1. Strengthening collaboration: moving from bilateral relations to multilateral networks

CC = Collaborating Centre

WHO is offering a global platform as well as a possible common format for data collection through the Global Environment Monitoring System - Food Contamination Monitoring and Assessment Programme (GEMS/Food). A major step forward would be to create a harmonized database for populations by age group. This would allow children in the Western Pacific Region to be considered accurately in the exposure assessments to various chemicals. Such a database could collect available data on food consumption, portion sizes and body weights from various countries using a single format. It would increase the voice of the Western Pacific Region in the international arena and close the gap of countries without a monitoring system in place. A similar project has already been initiated in 2011 by the Association of Southeast Asian Nations.

It is also important to establish priorities for food chemical monitoring. These priorities could be regional and based on a screening of chemicals more likely to occur in staple food and for which remediation measures could be needed. The example of inorganic arsenic in rice is a good one for a regional concern for public health. Moreover, regional monitoring would also allow for the observation of chemical occurrence trends on a long-term basis, in particular when mitigation measures are implemented. To complement the national system of food monitoring, the TDS approach is recommended as the most cost-effective screening tool to estimate the average chemical exposure of the population. Such a methodology implemented at the regional level would allow for better identification of chemicals for which national monitoring and observation of regional trends for food chemical contamination should be recommended. It would also allow countries without a full system for food regulation to prioritize their objectives.

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